



When you're desperate and feel you can't cope, there is a place where you can talk to someone who'll listen...

LEEDS
SURVIVOR-LED
CRISIS SERVICE

WWW.LSLCS.ORG.UK

DIAL HOUSE

SANCTUARY & SUPPORT IN TIMES OF CRISIS

CALL 0113 260 9328

TEXT/GLIDE 07922 249 452

SKYPE survivor.led@lslcs.org.uk

6PM-2AM MON+WEDS+FRI+SAT+SUN

12 CHAPEL STREET, HALTON, LEEDS LS15 7RW

DIAL HOUSE@TOUCHSTONE

**CRISIS SUPPORT FOR BLACK &
MINORITY ETHNIC COMMUNITIES**

CALL 0113 249 4675

TEXT 07763 581 853

6PM-11PM TUES+THURS

53-55 HAREHILLS AVENUE, LEEDS LS8 4EX

CONNECT HELPLINE

**EMOTIONAL SUPPORT
AND INFORMATION**

CALL 0808 800 1212

ONLINE ConnectHelpline.uk

6PM-2AM

EVERY NIGHT OF THE YEAR

GROUPS

PEER-LED GROUPS FOR EVERYONE

CALL 0113 260 9328

**EMAIL: Patrick.Gatewood
@lslcs.org.uk**

TUES+WEDS+THURS+FRI+SAT

12 CHAPEL STREET, HALTON, LEEDS LS15 7RW

LEEDS SUICIDE BEREAVEMENT SERVICE

**COMPASSIONATE
SUPPORT FOR PEOPLE
BEREAVED BY SUICIDE**
**[bereavedbysuicide@leeds
mind.org.uk](mailto:bereavedbysuicide@leedsmind.org.uk)**

INDIVIDUAL SUPPORT

(LOU) 0113 260 9328

**12 CHAPEL STREET, HALTON, LEEDS
LS15 7RW**

GROUPS (LAURA)

0113 305 5803

**LEEDS MIND, CLARENCE HOUSE, 11
CLARENCE RD, HORSFORTH, LEEDS.
LS18 4LB.**